

Thinking of having a cosmetic procedure?

C

CONSENT – The doctor who will carry out your procedure must speak to you personally and get your consent.

O

OPENNESS – Your doctor must be open and honest about their skills, experience, fees and any conflicts of interests.

S

SAFETY – Your procedure must take place in a safe and suitable environment.

M

MARKETING – Your doctor must market their services responsibly and be clear about the risks involved.

E

EXPERIENCE – Your doctor should have experience of carrying out the procedure you've asked for.

T

TIME – Your doctor must give you enough time to make your decision. You should never feel pressured or rushed into having a procedure.

I

INFORMATION – Your doctor must give you clear information, including details about aftercare and who to contact if you're worried.

C

COSTS – Your doctor must explain the costs clearly, including details of any fees you need to pay for any potential additional procedures.

You can find more information in our leaflet, *Cosmetic procedures: what do I need to consider?*, and in our guidance for doctors. Both are available at www.gmc-uk.org/cosmetic.

General
Medical
Council